

# Certificate in Christian Studies

## FALL 2008

### Christian Spirituality (XREL 114-3)

Christian spirituality is a popular concept that stems from ancient roots. This introductory course will invite students to explore the nature of their own spiritual formation as well as introduce beliefs and practices of formation and community from Christian traditions of spirituality, from a Christian perspective. Participants will discover and participate in a variety of Christian spiritual practices that encourage a Biblical and holistic approach to life.

Upon successful completion of this course, students should be able to:

- Articulate a Biblical theology of personal spiritual growth.
- Thoughtfully answer the question, "What does it mean to live a Christian life?"
- Describe and evaluate the various principles, methods and teachings used to help people grow spiritually, in light of the Old and New Testaments.
- Explore and practice the Biblical, theological and historical elements of Christian spirituality.

## WINTER 2009

History & Literature of the Bible (XREL 110-3)  
History of the Christian Church (XREL 112-3)

[www.unbc.ca/continuingstudies](http://www.unbc.ca/continuingstudies)

## SCHEDULE 2008-2009

### Christian Spirituality

Tue/Thu

Sep 16 - Nov 6/08

2:30pm - 5:00pm

With: Mark Wessner, PhD

**REGISTER BY: Sep 3/08**

\$395.00

### History & Literature of the Bible

Tue/Thu

Jan 6 - Mar 5/09

7:00pm - 9:30pm

With: Mark Wessner, PhD

**REGISTER BY: Dec 20/08**

\$395.00

### History of the Christian Church

Mon/Wed

Jan 12 - Mar 11/09

6:30pm - 9:00pm

With: Neil Lettinga, PhD

**REGISTER BY: Dec 20/08**

\$395.00